

12.1.11.2 **General Knowledge and General Awareness:** Questions in this component will be aimed at testing the candidate's general awareness of the environment around him. Questions will also be designed to test knowledge of current events and such matters of everyday observations and experience in their scientific aspect as may be expected of any educated person. The test will also include questions relating to India and its neighbouring countries especially pertaining to sports, History, Culture, Geography, Economic Scene, General Polity, Indian Constitution, scientific Research etc. These Questions will be such that they do not require a special study of any discipline.

12.1.11.3 **Elementary Mathematics:** This Section will include questions on problems relating to Number Systems, Computation of Whole Numbers, Decimals and Fractions and the relationship between Numbers, Fundamental arithmetical operations, Percentages, Ratio and Proportion, Averages, Interest, Profit and Loss, Discount, Mensuration, Time and Distance, Ratio and Time, Time and Work, etc.

12.1.11.4 **English/ Hindi:** Candidates' ability to understand basic English/ Hindi and their basic comprehension will be tested.

12.2 **Physical Efficiency Test (PET)/ Physical Standard Test (PST):**

Based on the performance in the CBE, candidates will be shortlisted for PET/PST by the Commission. Physical Efficiency Test (PET) and Physical Standard Test (PST) will be conducted at various centres finalized by the CAPFs. Detailed scrutiny of candidates' eligibility/ documents will be undertaken at the time of DME/ DV. Therefore, it will be the responsibility of the candidates to verify their eligibility as prescribed in this Notice before appearing for CBE/ PET/PST. Candidates shortlisted for PET/PST will be asked to go through biometric verification followed by PET & PST. The PST shall include measurement of height, weight & Chest (as applicable).

12.3 Ex-Servicemen are exempted from PET/PST. However, Ex-Servicemen, who are shortlisted in the Computer Based Examination for PET/PST, will have to appear in PET/PST for recording of measurement of height, chest and weight for record purposes. PET will not be held for these Ex-servicemen candidates. However, they will have to qualify the Medical Examination.

12.4 **Physical Efficiency Test (PET):** Candidates have to clear the race within the following time limits:

Event	Male	Female	Remarks
Race	5 Kms in 24 minutes.	1.6 Kms in 8 ½ minutes	For candidates other than those belonging to the Ladakh Region.
	1.6 Kms in 7 minutes	800 metres in 5 minutes	For candidates of Ladakh Region.

12.4.1 On reporting of female candidates for PET (Physical Efficiency Test /PST (Physical Standard Test), a self-declaration indicating about her pregnancy status

shall be submitted. In case, if she declares that she is not pregnant then, she will be allowed to participate in the PET/PST. In case of false declaration, all the risks for undergoing PET/PST will be of her own. If the female candidate declares that she is pregnant before PST/ PET, then a confirmatory pregnancy test to be done and in case she is found to be pregnant, irrespective of duration of pregnancy, she will be declared temporary unfit and her candidature shall be held in abeyance until the confinement is over. Required vacancies will be kept reserved for temporary unfit candidates. She will be re-examined for PET/PST six weeks after the date of confinement, subject to the production of the medical certificate of fitness from a registered medical practitioner. If she is found fit, she will be appointed to the post kept reserved for and allow the benefit of seniority in accordance with the instructions of the Government, as amended from time to time. In case female candidates is found negative for pregnancy, she may be allowed to participate in the PET/PST.

12.5 **Physical Standard Test (PST):** Physical Standards for the posts are as follows: -

12.5.1 **Height:**

12.5.1.1 Male: 170 cms

12.5.1.2 Female: 157 cms

12.5.1.3 Few categories of candidates are allowed relaxation in the heights mentioned above. Relaxed standard of height for such candidates are as follows:

S. No.	Relaxation in Height to few categories of Candidate	Male (Cms)	Female (Cms)
(a)	All candidates belonging to Scheduled Tribes.	162.5	150.0
(b)	All Scheduled Tribe candidates of North Eastern States (NE States).	157.0	147.5
(c)	All Scheduled Tribe candidates of Left-Wing Extremism affected districts.	160.0	147.5
(d)	Candidates falling in the categories of Garhwalis, Kumaonis, Dogras, Marathas and candidates belonging to the States/ UTs of Assam, Himachal Pradesh, Jammu & Kashmir and Ladakh.	165.0	155.0
(e)	Candidates hailing from the North-Eastern States of Arunachal Pradesh, Manipur, Meghalaya, Mizoram, Nagaland, Sikkim and Tripura.	162.5	152.5
(f)	Candidates hailing from Gorkha Territorial Administration (GTA) comprising of the three Sub-Divisions of Darjeeling District namely Darjeeling, Kalimpong and Kurseong and includes the following "Mouzas" Sub-Division of these Districts: -	157.0	152.5

	(1)Lohagarh Tea Garden (2) Lohagarh Forest (3) Rangmohan (4) Barachenga (5) Panighata (6) ChotaAdalpur (7) Paharu (8) Sukna Forest (9) Sukna Part-I (10) Pantapati Forest-I (11) Mahanadi Forest (12) Champasari Forest (13) SalbariChhat part-II (14) Sitong Forest (15) Sivoke Hill Forest (16) Sivoke Forest (17) ChhotaChenga (18) Nipania.		
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12.5.2 **Chest:** Male candidates should have the following standards of chest measurement:

12.5.2.1 Un-expanded: 80 cms

12.5.2.2 Minimum expansion: 5 cms

12.5.2.3 Few categories of candidates are allowed relaxation in chest measurement. Relaxed standards of chest measurement for such candidates are as follows:

S. No.	Relaxation in Chest to few categories of Candidate	Un-expanded (cms)	Minimum Expansion (cms)
(a)	All candidates belonging to Scheduled Tribes.	76	5
(b)	Candidates falling in the categories of Garhwalis, Kumaonis, Dogras, Marathas and candidates belonging to the States/ UTs of Assam, Himachal Pradesh, Jammu & Kashmir and Ladakh.	78	5
(c)	Candidates hailing from North-Eastern States of Arunachal Pradesh, Manipur, Meghalaya, Mizoram, Nagaland, Sikkim, Tripura and Gorkha Territorial Administration (GTA).	77	5

12.5.2.4 Chest measurements for female candidates will not be taken. However, it will be ascertained that the chest is well-developed.

12.5.3 **Weight:** Proportionate to height and age as per medical standards.

12.5.4 Scrutiny of eligibility of candidates for relaxations in height and chest measurement will be carried out after qualifying PET (race) and before PST by the CAPF's PET/PST Boards. Relaxation in height and chest (as the case may be) as mentioned above for the candidates other than those belonging to the ST category will be permissible only on production of certificate at the time of PET/PST in the proforma as prescribed in **Annexure-IX** from the competent authorities. ST candidates may avail of the relaxation on the production of a valid ST Certificate.

12.5.5 The candidates, who are declared not qualified in Physical Standards (i.e., height and chest) may prefer an appeal on the same day, if they so desire, to the Appellate Authority nominated for the Centre through the Presiding Officer (PO). The decision of the Appellate Authority will be final and no

further appeal or representation in this regard will be entertained thereafter. There is no appeal in PET (Race). If candidates are found to be within the prescribed PST standard, they will be forwarded to the PET/PST Board for further recruitment process.

- 12.5.6 Conduct of PET/PST and DME/ RME will be the sole responsibility of the CAPFs. The Commission will not entertain any representation/ appeal/ RTI Applications/ CPGRAMs against the decision of the PET/PST and DME/ RME Board.
- 12.6 **Medical Examination/ Document Verification:** Candidates will be shortlisted for Detailed Medical Examination (DME)/ Document Verification from the pool of candidates who qualify the PET/PST.
- 12.6.1 At the time of DME and Document Verification, the following documents will be verified:
- 12.6.1.1 Matriculation/ Secondary Examination Certificate to prove age, name and educational qualification.
- 12.6.1.2 Domicile Certificate/ Permanent Resident Certificate (PRC) issued by the competent authority.
- 12.6.1.3 Valid NCC Certificate, if applicable.
- 12.6.1.4 Certificate from serving defence personnel in the format prescribed in **Annexure-IV** of the Notice, if applicable.
- 12.6.1.5 Undertaking in the format prescribed in **Annexure-V** from Ex-Servicemen candidates, if applicable.
- 12.6.1.6 Caste Certificate (as applicable) in the format prescribed in **Annexure-VI**, **Annexure-VII** and **Annexure-VIII** of the Notice from the candidates seeking reservation/ age relaxation.
- 12.6.1.7 Certificate from candidates who wish to avail of relaxation in height/ chest measurement as prescribed in **Annexure-IX** of the Notice.
- 12.6.1.8 Certificate from District Collector/ District Magistrate in respect of dependent applicants of riot victims as mentioned in category 4/ 5/ 6 under Para 5.1 of the Examination Notice
- 12.6.1.9 Nativity/ Identity Certificate by West Pakistani Refugee in the format prescribed in **Annexure-XIII** of the Notice.
- 12.6.2 The shortlisted candidates will be medically examined by the Medical Boards constituted by the CAPFs to assess their physical and medical fitness. The medical examination of the candidates will be conducted in terms of Uniform Guidelines for recruitment Medical Examination for GOs and NGOs in CAPFs and AR issued vide MHA UO No. A.VI-1/2014-Rectt.(SSB) dated 20.05.2015 and MHA OM No: E.32012/ADG(Med)/DME&RME/DA-1/2020(Part File)/1166 dated 31.05.2021 and as amended from time to time by the government. These instructions are accessible at the following link:https://www.mha.gov.in/sites/default/files/policedevision_17062021_0.pdf.