

UPSC Study Plan

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Phase 1: Foundation Building (Months 1-3)

Objective: Build a strong foundation using NCERTs and basic resources.

Daily Routine:

- **2 hours:** NCERTs (History, Geography, Polity, Economy)
- **1 hour:** Newspaper reading (The Hindu/Indian Express)
- **1 hour:** Current affairs notes making
- **1 hour:** Revision of the day's topics
- **1 hour:** Practice MCQs (Prelims-focused)

Weekly Plan:

- **Monday to Friday:** Subject-wise NCERT reading (e.g., History on Monday, Geography on Tuesday)
- **Saturday:** Current affairs revision (weekly compilation)
- **Sunday:** Mock test (Prelims-based) and analysis

Phase 2: Advanced Preparation (Months 4-6)

Objective: Move to standard reference books and start answer writing.

Daily Routine:

- **2 hours:** Standard books (e.g., Laxmikanth for Polity, Spectrum for Modern History)
- **1 hour:** Newspaper reading and current affairs
- **1 hour:** Answer writing practice (Mains-focused)
- **1 hour:** Revision of static topics
- **1 hour:** Prelims MCQs practice

Weekly Plan:

- **Monday to Friday:** Subject-wise advanced preparation (e.g., Polity, Economy, Environment)
- **Saturday:** Current affairs revision + Essay writing practice
- **Sunday:** Full-length mock test (Prelims or Mains)

Phase 3: Revision & Mock Tests (Months 7-12)

Objective: Revise thoroughly and focus on mock tests for Prelims and Mains.

Daily Routine:

- **2 hours:** Revision of static subjects (using notes and mind maps)
- **1 hour:** Current affairs revision (monthly compilations)
- **2 hours:** Answer writing practice (Mains)
- **1 hour:** Prelims MCQs practice

Weekly Plan:

- **Monday to Friday:** Subject-wise revision (e.g., History, Geography, Polity)
- **Saturday:** Current affairs + Essay writing
- **Sunday:** Full-length mock test (Prelims or Mains)

Subject-wise Resource List

History:

- NCERTs (Class 6-12)
- Tamil Nadu Board Books (Class 11-12)
- Spectrum (Modern History)

Geography:

- NCERTs (Class 11-12)
- GC Leong (Physical Geography)

Polity:

- NCERTs (Class 11-12)
- M. Laxmikanth (Indian Polity)

Economy:

- NCERTs (Class 11-12)
- Ramesh Singh (Indian Economy)

Environment:

- Shankar IAS (Environment)
- NCERT Biology (Class 12)

Current Affairs:

- The Hindu/Indian Express
- Yojana & Kurukshetra
- PIB & Rajya Sabha TV

Tips for Success

1. **Consistency is key:** Stick to your study plan and avoid procrastination.

2. **Revise regularly:** Allocate time for daily and weekly revisions.
 3. **Practice answer writing:** Start early to improve analytical and writing skills.
 4. **Take mock tests:** Analyze your performance and work on weak areas.
 5. **Stay motivated:** Keep your end goal in mind and stay positive.
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